

Nipa Doshi

Half of Indian-British studio Doshi Levien, the Mumbai-born designer is this autumn creating new furniture, textiles and lamps for B&B Italia and Galerie Kreo

We start early on Saturdays, because myself, my husband Jonny [Levien] and our son Rahul [seven] like to make full use of the day. We'll travel to the Bhavan Indian cultural centre in Kensington for our tabla drum lessons. I am also learning classical Indian singing. I started singing late and I'm in a class with children, but I love this sense of learning and local community. This year I performed in a concert, which was exhilarating.

Straight after we'll go to Trishna, the Goan seafood restaurant in Marylebone, for lunch. It has a fantastic selection of curries, and the fish kebabs are especially mouth-watering. Then the three of us will head to Selfridges' Food Hall for Rahul to buy his sweets. I love this ritual and there's something so funny about buying sweets from Selfridges. The boys will usually treat me to something from Aesop, or I might browse the fashion floors. I get my clothes made by my tailor in India, but I love Roksanda, and I'm a shoe obsessive, so I might also head to Robert Clergerie on Wigmore Street.

Saturday afternoon is my well-being afternoon and I'll have a body massage at Aveda in Covent Garden or a pedicure at my local Vietnamese nail bar. We don't have much of a culture of well-being in England, whereas in India I will go for a treatment every day. Here it is more rarefied, but I love that hour of being by myself and really letting go.

Later I'll enjoy an aperitif with Jonny at St John in Smithfield. It's so quiet early evening and feels local and special; I am almost embarrassed to admit I love a sherry with olives. Then Saturday evening is about the theatre – either the Old Vic, the Almeida or the Royal Opera House. I adore the detail in theatre costumes, and the design lessons in how to create transient spaces. We recently saw *Don Giovanni* with amazing sets that included a lift between heaven and hell. In summer I also love going to Glyndebourne, where our friend is a patron. I adore that Glyndebourne is an opportunity to wear my most beautiful tailoring. Last time I wore my pink silk dress with orange Louboutins.

On Sunday Jonny and Rahul sometimes persuade me to cook breakfast; since becoming a mother, I don't cook much any more. However, when I make akoori – spiced scrambled eggs – with hot rotis and masala chai, the compliments are worth it. After, we'll take the ferry from



Tate Modern to Tate Britain. The latter is less frenzied and I love the contrast between the modern galleries and those of the English masters, which contain such detail. I feel like I'm in another world, and get incredibly jealous of an artist's skill when I see a beautiful painting, such as those at the recent Marlene Dumas show at The Saatchi Gallery.

For lunch we'll eat dim sum at Yauatcha in Soho. My favourites are the prawn and beancurd cheung fung and the shredded crispy duck, and their Kumquatcha cocktails are to die for. We'll eat upstairs where there are lots of Chinese families – I always prefer

popular places during earlier sittings when it's more local and less "night out".

Sunday afternoon will be a walk to St Paul's from our home in the Barbican, and then back for a meal with friends in the evening. The Barbican is so beautifully designed; it's a jewel in the heart of the city. We'll sit by the lake [pictured] in the evenings drinking champagne, or have my single girlfriends over. Things tend to get raucous quite quickly: we'll play the tabla, trying to teach my friends, and soon there's a lot of singing and dancing and silliness. It's funny, but when I get to work on a Monday, I have absolutely no idea what I was doing the Friday before. **JENNY DALTON**

We'll have an aperitif at St John early evening, when it feels local and special. I love a sherry with olives

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